

VERMILION ELEMENTARY SCHOOL NEWS

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Being the Best We Can Be

June 2022



Accepting Registrations for the 2022-2023 School Year

Kindergarten Registration packages are available at the office.

If you require further information please stop by or call the office at (780) 853-5444

Assembly

& Dress Up Day

Tuesday June 7, 2022

Dress up Beach Wear or Inside Out / Backwards Day



Virtue of The Month Respect

Stay Connected with VES on our website, Facebook, or email the principal by clicking on the following buttons







What an incredible school year full of memories we have had at VES! We have another month of memories to come! It is hard to believe it is already June and soon it will be time to say goodbye for the summer. We would like to take the time to thank each and every student, parent and community member for their support during the 2021-2022 school year!

For the 2022-2023 school year, we will have the following:

Teachers

Kindergarten - Mrs. Zaharko

1A - Mrs. Long 3/4 - Mr. Haslehurst

1B - Mrs. McLaughlin 4B - Mr. Harvey

2A - Mrs. Heinrich 5B - Ms. King

2B - Mrs. Tupper 5/6 - Mr. Beecroft

3A - Mrs. Throndson 6B - Mrs. Myshaniuk

Educational Assistants

Mrs. Bykowski Mrs. Forbes

Mrs. Page Ms. Pentelichuk

Mrs. Murie Mrs. Prill

Mrs. Fuller Mrs. McPhee

Administrative Assistants

Mrs. Cameron Mrs. Baldwin

<u>Assistant Principal</u>

Mrs. Joa

<u>Principal</u>

Mrs. Doherty

Vermilion Elementary School Mission Statement:

Within a safe and nurturing community, we at Vermilion Elementary School, will foster personal and academic excellence, while treating each other with dignity and respect.

As a team, we will be the best we can be.

At the end of June, we will be saying goodbye to three staff from our VES family. We would like to thank Mrs. McLean for teaching grade 6 this year and wish her well in her future. We will also be saying goodbye to Mrs. Moses in her capacity as an educational assistant. Mrs. Moses will be back in the fall to deliver our Roots of Empathy program. And lastly, we say goodbye to Mrs. Tomkins as she is retiring after over 30 years of teaching. We wish them all best wishes on their future endeavors!

With 2022-2023 just around the corner, we know you will be looking for class lists and supply lists. The supply lists can be found on the VES website under the parent tab. In parent portal, you will be able to view your child's class placement at the beginning of August. Be sure you have signed up for parent portal before the end of June. If you have questions about signing up or you are having difficulties, please reach out to us and we will help.

INDIGENOUS People day

INDIGENOUS PEOPLES' DAY

In **June**, we commemorate National Indigenous History Month. During this month, take time to recognize the rich history, heritage, resilience and diversity of First Nations, Inuit and Métis Peoples across Canada. On June 23rd, some of JR Robson students will be joining VES in celebrating National Indigenous Peoples' Day. This will be a day full of rich activities where we immerse ourselves in the Indigenous Culture and participate in music, dancing, beading, and learning.



LEARNING COMMONS

Congrats to the students on their reading success this year! 144 students have reached their AR (Accelerated Reader) year end goal and lots of others are getting very close. 109 students earned the reward to pick a new book for the Learning Commons! They get recognition by having their name inside the book, and be the first to read the new book. On June 24th, we will have an AR Celebration for all the students to reward them with their efforts.

Please note the last day to take AR quizzes is Monday, June 13th. Also note, all Learning Commons books need to be returned by Monday, June 13th.

We are so thankful for your support with our Scholastic Book Fairs in the Fall and Spring and and for the Vermilion Credit Union donation towards our Accelerated Reading program which allowed us to purchase new books for our Learning Commons!





LOST & FOUND

Our collection of items have been set out for the students to view and claim over the next week. Parents are welcome to stop at the Learning Commons on Track and Field Day to check for lost clothing. After that, left over items will be packed up and donated to the Community Closet.



PICK-UP/DROP-OFF COVID-19 PROTOCOLS

Parents/Guardians/Caregivers/Visitors Entering the School

All visitors to the school must use proper hand hygiene upon entering, and complete the BTPS daily screening app. Visitors, students or staff who feel ill or have symptoms of COVID-19 cannot enter the school.

As you enter the building through the main entrance ONLY, you will follow the visitor protocol outlined here.

- Complete the BTPS COVID-19 app on the ipad provided or use your own device to complete the app. To open the app, scan the QR code with your device camera.
- Sanitize your hands with the provided sanitizer.
- Sanitize the IPAD after use with the provided wipes.



All visitors, including those coming for Vermilion Play Development and Before/After School Care, MUST use the front entrance to enter the building and must follow the visitor instructions in the front entrance.



Parents and visitors are able to park on 49 Avenue, as well as south of the crosswalk on 44 Street. Please ensure that you are not parking in front of the school in the bus loading/unloading zone from 8:00-9:30 am and from 2:30-4:00 pm. We ask that parents & visitors also refrain from parking in the staff parking lot as this is reserved for staff members and for safety reasons students may not be dropped off or picked up in the parking lot.



STUDENT ATTENDANCE

Parents and caregivers must access their children daily for symptoms of cold, influenza, COVID-19, or other infectious respiratory disease before sending them to school. Anyone showing symptoms listed on the <u>Alberta Health Daily Checklist</u> must remain home. Information about isolation requirements is available here.

If your child is going to be absent/late, even if buses are not running please let your child's teacher know or call the office to notify us. If you have not contacted the school office or teacher to inform us if your child will be absent/late, we will call you to ensure your child is safe. Please note if you are emailing a teacher during the school day, they may not always get them in time to avoid a call from the automated system.



BTPS STUDENT FEES & TRANSPORTATION FEES

Please remember to check the email that BTPS sends on the 27th of each month with invoices for Transportation, Tech & Supplemental Support Fees. Fees can be paid by cash, cheque (payable to BTPS), or online via PayPal or e-transfer. For PayPal you can find the link to pay fees online on the parent page of the Vermilion Elementary School website by clicking on the Parents tab and then Pay Fees. You will need your child's Alberta Student Number to complete the payment which is found on your BTPS Invoice for fees. For e-transfer the email is wivian.locher@btps.ca, and in the message include: school name, child's name, and the service you are paying for (i.e. Vermilion Intown, Wainwright Intown, Yard Service, Student Tech & Supplemental Support Fees).





Helping children be mindful

Being mindful means paying attention to the present moment, exactly as it is.

Often we worry about the future or obsess over the past. It is really hard to be anxious if you are completely focused on the present moment – what you are sensing and doing right NOW.

Why do we want to be mindful? Living life more mindfully can help you to handle stress when it arises, and also experience life more fully, with more joy and gratitude.

Practice mindful breathing with your child

Sit comfortably with your back straight.

Focus your attention on your breathing.

Notice what it feels like to breathe in and out. Feel the rise and fall in your chest or belly or the cool air on the in breath and the warmer air on the out breath.

You can silently say to yourself "breathing in", "breathing out". Keep going for 5 more breaths.

If you get distracted, simply notice and gently bring your attention back to the feeling of breathing in and out.

Notice how you feel now?

MORE RESOURCES

Mindfulness Exercises - Anxiety Canada

Meditation for Kids - Headspace

Mindfulschools.org

Benefits of a regular mindfulness practice

Research demonstrates that practicing mindfulness regularly:

- Is good for your health
- Reduces stress and anxiety
- Increases compassion and kindness
- Improves focus and attention
- Strengthens resilience and emotion regulation
- Improves relationships and overall well-being
- · Is great for both adults and children

Try these mindfulness practices with your child

Tune into your environment through your 5 senses.

 Pause, take a few slow breaths and ask: what are 5 things I can see? 4 things I can hear? 3 things I can feel?
 2 things I can smell and 1 thing I can taste?

Share something you are thankful for or something you appreciate about another person.

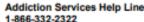
After each practice, notice how your body and minds may feel calmer.

Make a mindful moment a regular part of your day!

Information on mental health, community supports, programs and services in your area:













ENDAR BTPS SCHOOL YEAR CAI 2022-2023

Buffalo Trail Public Schools is committed to maximizing student learning, in a safe and caring environment, supported by a highly effective team.

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Heritage Day	BIPS Learning Day	School Based PL Self Directed Teacher Dav	Self Directed Teacher Day	Labour Day	National Day for Truth and Reconciliation	School Based PL & Support Staff PL	Thanksgiving Day	School Based PL	ATA Professional	Designated Day-in-Lieu (Staff Meeting)	Designated Day-in-Lieu (Parent Teacher Interviews)	Remembrance Day
August 1	August 24	August 25 August 26	August 29	September 5	September 30	October 7	October 10	November 7	November 8	November 9	November 10	November 11

	Dec 26 - Jan 6	Christmas Break
	January 30	School Based PL
	January 31	Self Directed Teacher Day
	February 16 & 17	ATA Teachers' Convention
	February 20	Family Day
	March 10	BTPS Learning Day
	April 7	Good Friday
	April 10 - 14	Easter Break
	May 5	School Based PL
	May 18	Designated Day-in-Lieu (Staff Meeting)
	May 19	Designated Day-in-Lieu (Parent Teacher Interv
	May 22	Victoria Day
(S	June 28	Self Directed Teacher Day
	** Central Office L	** Central Office Closure will be July 24th - August 4, 2023

Interviews)

LEGEND

Holiday

Self Directed Teacher Day

School Based PL

Convention / ATA

PL Day

Day-in-Lieu

BTPS Learning Day Central Office

Closed

First Student Day of Semester The first day for students is August 30th, 2022. February 1st, 2023 is the first day of Term 2. June 27th, 2023 is the last day of school for students. Please be reminded that when inclement weather does not allow us to operate our buses, schools will be open, classes are students who miss material will be provided with an opportunity to receive instructional material through an alternate means or catch occurring and student learning continues. As with any absence, up on missed school work upon return to school. Students are required to be in attendance until the last day of school as identified by the BTPS Board Approved Calendar. Final exams at the Grade 7 to 9 level will occur during the last five tutorials, course review and alternate activities will occur. Final exams in non-diploma courses at the Grade 10 to 12 level will non-examination times, tutorials, course review and alternate activities will occur. Final exams in diploma courses will occur as described in the Alberta Education Diploma exam schedule (www.education.alberta.ca) and submission of marks will occur the day prior to the diploma marks submission date. During non-examination times, tutorials, course review and alternate occur during the last five student days each semester. During student days each semester. During non-examination times, activities will occur.

The total student days in this year's calendar equals 181 days.



Vermilion Elementary School Being the Best We Can Be

May 2022

SUN	Mon	Tues	Wed	Thurs	Fri	Sat
			Check out the Lost & Found Week	2	3 Track & Field Day	4
5	6	7 School Assembly 9:30 Dress Up Beach Wear or Inside Out/Backwards	8 Last Day to check Lost & Found	9 Gr 1-3 Field Trip	10 Gr 4-6 Field Trip	11
12	Deadline to return books to the Library	14	15	16	17	18
19	20	21	22	23 Indigenous Peoples' Day Celebration INDIGENOUS PEOPLE DAY	24 A/R Country Funfair & Picnic Day	25
26	27 Kindergarten Celebration KA & KB	28 Gr 6 Farewell Celebration	29 Students' Last Day	Su	ereat	olinotypage nu