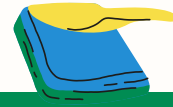




# VES News March



## Upcoming Events

### Assembly & Spirit Day

-March 7 -Superhero or Super Hero

### Grade 5B/3B Swimming

-March 11,13

### No School

-March 14-Professional Learning Day

### Spring Fundraiser - Chocolate Bar Sales

-Feb 12 - March 20

### Parent Teacher Interviews

- March 20

### School Council Meeting

- March 25 at 6:30pm

### No School

-March 28-Professional Learning Day

## Parent Teacher Interviews

Parent-teacher interviews provide an opportunity to discuss your child's progress and how you can work together to support his/her learning. You will be contacted if teachers are requesting to see you.

Kindergarten & Grade 1 - 6  
March 20

Please log on to [School Conference Manager](#) between March 10 and 17th. For assistance see [How To](#) page, or call Angie McDonald at the office at 780-853-5444.



## Vermilion Elementary School Fundraiser

**February 12 - March 20**

Funds raised will help send the Grades 1-6

On their Year End Field Trip



WORLD'S FINEST  
CHOCOLATE



**YES HOT LUNCH PROGRAM  
IS COLLECTING DONATIONS FOR OUR 3<sup>RD</sup> ANNUAL  
ONLINE AUCTION FUNDRAISER**

Deadline for donations: March 14

Silent Auction (on our Facebook page): March 26-28

Donations can be dropped off at the Vermilion Elementary School office,  
or make arrangements with our Hot Lunch Crew at  
veshotlunch@gmail.com



**Spring 2025 Book Fair**

**February 24** - Students view books

**February 25 & 26** - each class in assigned one period for purchasing on either the 25 or 26th. Your child's teacher will let you know which day their class is booked.

**February 27** - Family Night  
5:00 - 7:30pm

*\* Any funds raised will be used to support literacy at VES.*


**Peeking Ahead** 

April 4 - Assembly and Spirit Day

April 7 - Kindergarten Information Night  
for 2025-26

April 11 - Spring Concert

April 11 - Fundraiser Pick Up

**VERMILION ELEMENTARY SCHOOL** 

**KINDERGARTEN REGISTRATION**

FOR THE 2025 /2026 SCHOOL YEAR

PLEASE JOIN US FOR OUR KINDERGARTEN INFORMATION EVENING ON APRIL 7<sup>TH</sup> AT 7:00PM TO LEARN MORE ABOUT YES AND OUR KINDERGARTEN PROGRAM. BRING YOUR UPCOMING KINDERGARTEN CHILD WITH YOU TO ENGAGE IN ACTIVITIES IN THE CLASSROOM.


To access the online registration form, go to the VES Website <https://ves.btps.ca/parents/registration-form>  
Call VES at 780-853-5444 or email [ves@btps.ca](mailto:ves@btps.ca)

Your child is eligible to attend if he/she is 5 years of age on or before December 31, 2025.

If your child is ready for school, but still too young for Kindergarten, please contact Vermilion Play Development for more information call 780-853-0108 or email [vpdearlylearning@gmail.com](mailto:vpdearlylearning@gmail.com).

"Being The Best We Can Be"

Kindercare is a program for kindergarten students on their non kindergarten days, including a before and after school. For more information contact 780-581-5813 or [vpkindercare@gmail.com](mailto:vpkindercare@gmail.com). Kids Corner is a before and after school care for students Grade 1-6. For more information contact 780-581-5316 or email [kids.korner205@gmail.com](mailto:kids.korner205@gmail.com)



**Quick Links**

Assembly Dress Up Days!

Microwaves

Facebook Page

YES Spirit Wear Clothing on line  
or buy locally at Rural Roots.



**After School  
Activities**

Grade 6 Badminton  
Thursdays  
(March 6 - April 10)



**Noon  
Hour Activities**

Grade 4 & 5 Badminton

**Vermilion Elementary School**

**4837 - 44 Street**

**Vermilion, AB T9X 1G3**

**780-853-5444**

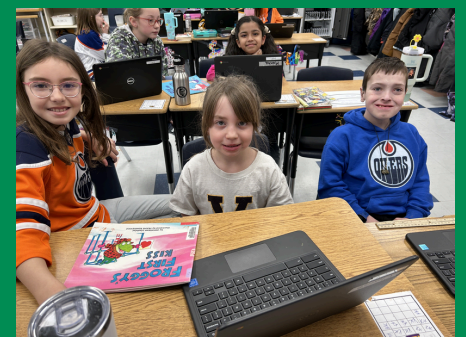
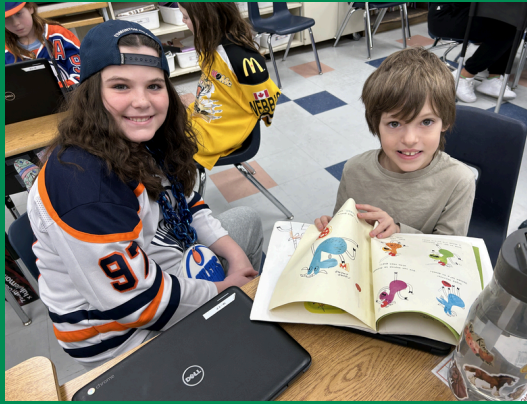
**[www.ves.btps.ca](http://www.ves.btps.ca)**



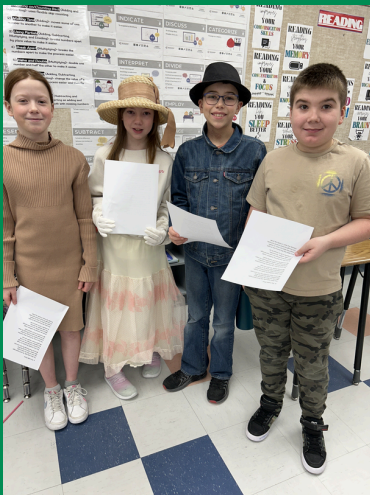
**Vermilion Elementary School Mission Statement:**

**Within a safe and nurturing community, we at Vermilion Elementary School will foster personal and academic excellence, while treating each other with dignity and respect. As a team, we will be the best we can be.**

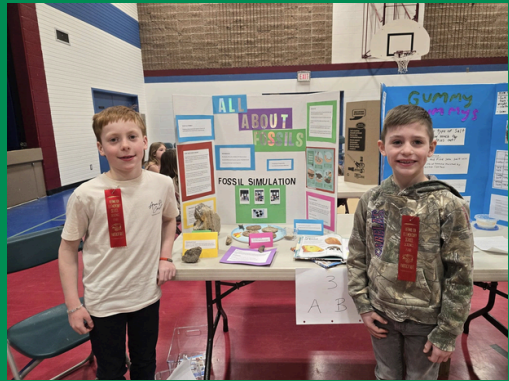
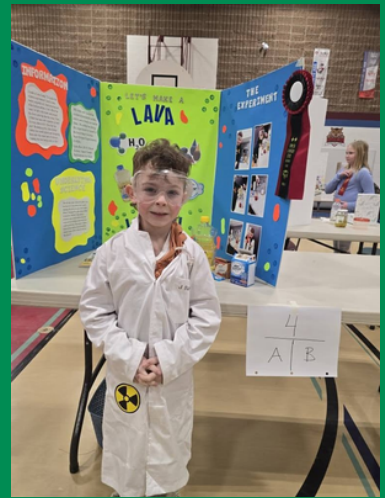
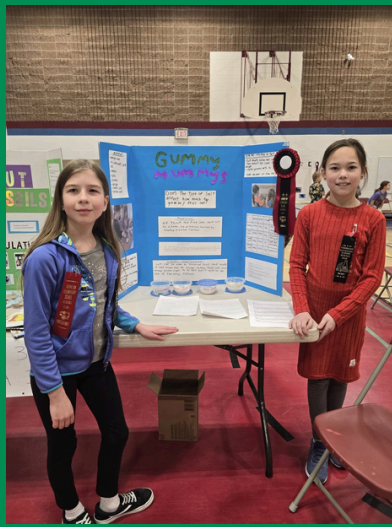
















## ANNUAL GENERAL MEETING

Wednesday, Feb 26/2025 at 6:30 pm  
Webb's RV  
4602 Railway Ave  
(West of Vermilion Chrysler)  
EVERYONE WELCOME!!!

We currently seeking individuals to fill the following board positions....

- Umpire Coordinator
- Tournament Coordinator
- Concession Coordinator

### Registration opens March 1/2025 to register go to [www.vermilionminorball.ca](http://www.vermilionminorball.ca)



ANY QUESTIONS EMAIL  
[VMINORBALL@GMAIL.COM](mailto:VMINORBALL@GMAIL.COM)



## VERMILION SOCCER ASSOCIATION ANNUAL GENERAL MEETING

VSA is currently seeking individuals to fill the following board positions...

- Treasurer
- Secretary
- Mini director
- Concession Coordinator
- Out of Town Tournament Coordinator
- Fundraising Coordinator
- Volunteer Coordinator

EVERYONE WELCOME!!!  
Sunday, March 9 at 6:30pm  
Upstairs in Curling Rink  
Come enjoy some refreshments!!!!



REGISTRATION OPENS MARCH 1/2025

Registration Link  
[www.vermilionsoccer.ca](http://www.vermilionsoccer.ca)

More Information  
Email: [vermilionsoccer@outlook.com](mailto:vermilionsoccer@outlook.com)

STRONG MINDS STRONG KIDS, PSYCHOLOGY CANADA

## SPRING 2025

# FREE OPEN CALL SESSIONS



### STRESS LESSONS GRADES 7-12

Provides youth-serving professionals with a comprehensive set of lessons, tools, and resources to help teens learn to manage stress, build effective coping skills, and nurture resilience.

January 31, 2025  
1:00pm - 2:30pm ET

[Click HERE to Register](#)

March 7, 2025  
1:00pm - 2:30pm ET

### KIDS HAVE STRESS TOO! GRADES 1-6

Provides child-serving professionals with a comprehensive set of lessons, tools, and resources to help kids learn to manage stress, build effective coping skills, and nurture resilience.



[Click HERE to Register](#)



### KIDS HAVE STRESS TOO! PRESCHOOL, KINDERGARTEN, & PARENT

Provides young child-serving professionals with lessons, tools, and resources to help young children learn to manage stress, build effective coping skills, and nurture resilience; and provides resources for working with parents of young children.

April 11, 2025  
1:00pm - 2:30pm ET

[Click HERE to Register](#)

June 11, 2025  
7:00pm - 8:00pm ET

### STRESSLESS AGES 4-12

Provides a foundational understanding of age-appropriate stress management and resilience building techniques as well as tips to implement the activities and tools in the StressLess Ages 4-6, 6-9, and 9-12 Booklets.



[Click HERE to Register](#)



### STRESSLESS AGES 12-18

Provides a foundational understanding of age-appropriate stress management and resilience building techniques as well as tips to implement the activities and tools in the StressLess Ages 12-14 and 14-18 Booklets.

June 12, 2025  
7:00pm - 8:00pm ET

[Click HERE to Register](#)

For more information: [StrongMindsStrongKids.org](http://StrongMindsStrongKids.org)  
[Bre.Calma@strongmindsstrongkids.org](mailto:Bre.Calma@strongmindsstrongkids.org)



Mental Health & Addiction News

February 2025

#### Introduction to Teaching Empathy

Empathy is the ability to understand and share feelings of another person.

- Empathy involves recognizing emotions in others, imagining their experience, and responding with care and understanding
- Empathy is a foundational skill for building meaningful relationships and fostering emotional wellbeing
- Children learn by observing adults model and demonstrate empathy in everyday interactions.

#### Top Tips to Teach Empathy Model Active Listening and Reflect Back

Set aside 5-10 minutes each day where you give your child undivided attention. Ask them about their day and actively listen without interrupting. After they share, reflect what you heard.

#### Benefit:

When children feel heard, they learn that their emotions are valid. This practice teaches children how to listen to others' experiences and feelings.

#### Top Tips to Teach Empathy Acknowledge and Name Emotions Together

When emotions run high—whether it's anger, sadness, or excitement—practice naming the emotions together (i.e., "It seems like you're feeling really disappointed right now.")

#### Benefit:

- By helping children recognize and name their emotions, they become better at understanding feelings. This helps them relate to others and show more empathy.

#### Top Tips to Teach Empathy Encourage "Perspective Taking"

While reading a story or watching a show together, pause and ask questions like, "How do you think this character is feeling?" or "What would you do in this situation?"

#### Benefit:

- This helps children understand how others feel and see things from their point of view, which is an important skill.

MORE RESOURCES, visit:  
[Positivepsychology.com](http://Positivepsychology.com) and search empathy



For information on mental health, community supports, programs and services in your area:



Addiction Services Help Line  
1-866-332-2322

Mental Health Help Line  
1-877-303-2642



# VERMILION & DISTRICT ROTARY MUSIC FESTIVAL



MARCH 31–APRIL 6, 2025

FIVE DAYS SHOWCASING LOCAL YOUTH TALENT  
AND A FINAL GALA CONCERT & AWARDS PRESENTATION

INSTRUMENTS \* VOICE \* BAND \* SPEECH ARTS  
CASH PRIZES!!!

No experience needed. Ask your teachers for more info or email  
[musicfesver@gmail.ca](mailto:musicfesver@gmail.ca)

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REGISTRATION OPENS JANUARY 1, 2025

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[www.vermilionmusicfestival.ca](http://www.vermilionmusicfestival.ca)

